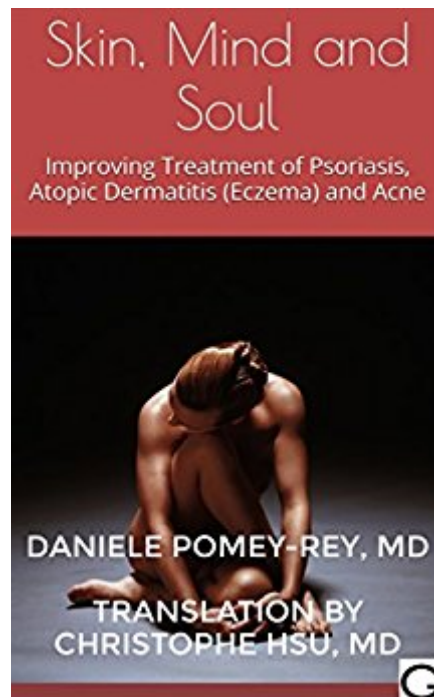




The book was found

Skin, Mind And Soul: Improving Treatment Of Psoriasis, Atopic Dermatitis (Eczema) And Acne



Synopsis

-This book explores the Psychological factors which are involved in Atopic Dermatitis, Psoriasis, Acne, Alopecia Areata and many more Stress-related Skin Diseases - in the hope of curing or improving these conditions. (translation from a Bestseller in French) -Audience: patients, healthcare professionals and the general public.Dermatology is the specialty of medicine which deals with Skin problems. It has evolved based on a late 18th century classification and although a lot of discoveries have been made in diagnosis and management, there are still many open questions.-"Why are chronic conditions such as Psoriasis, Atopic Dermatitis (Eczema) and Acne incurable ?"- "What are the causes of Alopecia Areata ?"Dermatology Management remains ineffective in one third of cases and even when treatment is successful, rashes return when it is stopped. Therefore one third of those with skin problems become "the ones Dermatology forgot". The Nervous system and the Skin have a common developmental origin. They are derived from the same tissue up to the 21st day of embryological development. Even after they continue to be closely linked by communicating directly (nerves) and chemically (hormones, neuromediators).It is known that Stress is a trigger of flare ups in many dermatological diseases.This book explores the Psychological factors which can intervene in Psoriasis, Atopic Dermatitis, Acne and many more. -It contains practical information about the psychological assessment of a -Dermatology patient.(Double Approach Method). -13 patients explore their subconscious through dreams, which are then analyzed.-Tips about Anti-aging prevention and Alternative medicine

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Customer Reviews

The book deals with an aspect of skin diseases which is often overlooked. Indeed chronic skin conditions are often chronic and when all symptomatic treatments have been tried, the condition returns and frustration is then the most logical subsequent emotion."Skin, Mind and Soul" acknowledges this dimension and explores the connections between the nervous system and the skin. It then analyzes psychological factors in real patients and the effects of psychic interventions (medical and through psychoanalysis). This work however is a translation and although it is easy to read there are a few grammatical mistakes but which should not be focused on; there is much to gain by learning from a physician with a long experience as a dermatologist and psychoanalyst. There is an accompanying Facebook page of the same name which introduces a chapter every week. While the articles themselves are not included, these short introductions can guide the reader and organize reading time.

Its very helpful and well written

Excellent work and interesting subject.

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